

St. Paul's Episcopal Church
2700 Eton Road
Cambria, CA 93428
Address Correction Requested



EPISTLE



St. Paul's



December Newsletter

The Heard Word

Happy New Year! The Episcopal Church is one that does observe many seasons and the first season of the year is coming...Advent. Beginning November 28, we will observe the first Sunday of Advent...and this will continue on December 5, 12, and 19. Many thanks to Marj Sewell and Steve Reilly for organizing the lighting of the Advent Wreath for those Sundays.

Advent formally entered the church calendar at the end of the 5th Century as a time of preparation for the celebration of the Birth of our Lord. Advent also references the Second Coming of Christ. Advent is unique in that it calls for fasting and repentance but also strongly points to the joy of Christmas. We will switch to the color blue for this season.

Each Sunday beginning in Advent we are planning a special discussion/DVD presentation featuring Marcus Borg... "Embracing An Adult Faith." We will consider five topics: *Who is Jesus? Who is God? What is salvation? How do we practice our faith? How do we live in community?* Dr. Borg is recognized as one of the top biblical and Jesus scholars in the church. He is currently Canon Theologian at Trinity Episcopal Cathedral in Portland, Oregon.

A truly unique activity of the season is the cookie outreach sponsored by the Episcopal Church Women. Members bake cookies and on December 11 will distribute them throughout the community. Father Mark from Santa Rosa told me he was moving to Cambria that weekend a year ago and was so pleased to be welcomed with a good supply of cookies from Saint Paul's.

Christmas Eve service will begin at 7 pm December 24. The formal service will be preceded by a 6:30 carol sing. Music Director Kate Hepworth has arranged for very special music with string accompaniment. We invite members to send contributions designated for music or flowers for that evening. This offers an opportunity for special memorial remembrances. Please contact the office for additional information.

With the holiday season approaching, office hours and service times will vary and we urge you to check the bulletin or our newspaper ad for correct times.

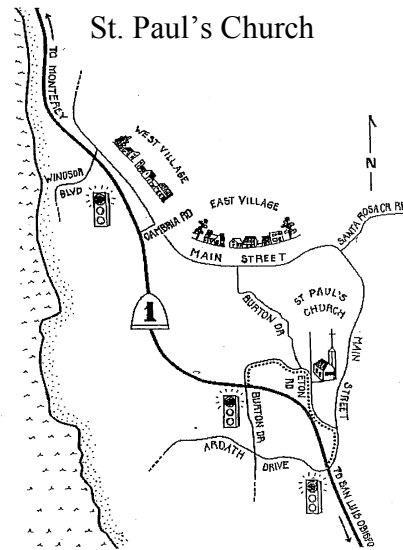
(Continued on page 2)

The December *Epistle* published
November 28, 2010.

Deadline for the next *Epistle* is December 13th.

Articles should be submitted *via email* to
stpauls@stpaulscambria.org or *submitted via CD* to the
Parish Administrator on or before the deadline.

St. Paul's Church



The *Epistle* is a monthly or bi-monthly publication of
St. Paul's Episcopal Church

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View our web page at: www.stpaulscambria.org

January 19, 2011, we will offer a special program and potluck dinner featuring The Rev. Susan Brecht who will speak on "Praying With Your Feet", inspired by the book An Altar in the World by Barbara Brown Taylor. More information will be coming shortly. Please save the date .

One month later...February 19, Saint Paul's will join with Cambria's Santa Rosa Catholic Church for a pot luck dinner at their parish hall. There is no agenda and no ticket sales! Cost will be one or two cans of food for the hungry. Joni Michel will represent us in the planning and she will be working with their coordinator. What is the purpose? We will be bringing friends together for fellowship and community and fun. Some weeks ago, I went to dinner at a local Cambria restaurant and there was a table of Santa Rosa members having dinner. Father Mark was there and they invited me to join them. I got to thinking we all have so many friends in that parish and a fun evening would really be appropriate. Father Mark and I talked and February 19 is the result. Please plan to attend. More details soon.

Blessings to you during this holy season and best wishes for a wonderful New Year!

-Fred+

Treasurer's Data: October 2010

	YTD \$ Received	YTD \$ Budgeted	YTD \$ Difference
Pledge	96,670	93,743	+ 2,927
Total Income	105,070	103,597	+1,473
	YTD \$ Expended	YTD \$ Budgeted	YTD \$ Difference
Total Expenses	111,080	108,756	+2,324



A Note From the Music Director

Over the course of this Holiday Season the choir will be singing several pieces also being performed by the Cambria Advent Choir. At the Christmas Service the choir is looking forward to being joined by a group of string musicians who all play for the SLO Symphony. They include: Ken Husted on cello, Bryn Albanese - 1st violin, Jessica Livermore - 2nd violin and Kim Wilkins on viola. The quartet are all friends who perform regularly together. They will be putting together prelude/postlude music and will accompany the choir on several of the carols. I want to thank the choir for their continued commitment and would also like to encourage anyone who has a musical contribution to make either vocally or instrumentally to not hesitate to join us.

Several people have asked me about the prelude music I have been playing; I have been featuring a lot of pieces by the composer/performers George Winston and Phil Coulter. George Winston writes his own style of melodic instrumental music on solo piano, calling it 'folk piano'; and Phil Coulter writes interpretive pieces based on Irish melodies of old. Both artists are great favorites of mine. I hope you have enjoyed these selections.

-Kate Hepworth

A Note from Kate's Mum

"...I am writing my fervent thanks to you and your congregation for your amazing generosity in making a special collection to enable [Kate] to come to England for her father's funeral. [It] meant so much to ...us that she could be here...You will see by my signature that St. Paul is my patron saint, and I have often remembered [your church] in my prayers and will continue to do so."

*Yours very sincerely,
Pauline Hepworth*

Member Profile: Sara Blair Field

Sara was born in Bakersfield, California into a loving Episcopalian family. In the mid-1960's, her parents, Skip and Emily Blair, decided to relocate to Cambria, and Sara soon followed, quickly embracing the coastal lifestyle.

Over the years Sara has lived and worked in a variety of places to support herself, including working at a salmon fishery in Alaska, as a hops sweeper (as in *ale*) in Oregon; as a cook, waitress, and caregiver, bunk house hostess on the Hearst Ranch, and even as a gladiola bulb harvester! Her colorful work experience is just part of the story. A gifted artist who loves working with her hands, she enjoys jewelry and doll making, painting, quilt art, and creating whimsical crocheted hats, among other things.

Sara met her husband, Dan Field over a decade ago here at St. Paul's, where Dan was an active member. They married in 1999 and between them they have 10 children, 13 grandchildren and 1 great grandchild on the way!

One cannot speak with Sara without feeling her inner joy. She credits her happiness to a spiritual awakening that occurred several years ago as her first marriage was ending. "I learned to let go, and *let God*. I've lived happily ever since." Today she serves God and the people of North County in a variety of ways: as a member of the Bayside Lay Ministry Team and current president of St. Paul's Episcopal Church Women; as a regular entertainer with Dan at three adult care centers, and as a volunteer for the Lion's Club Christmas Program, the Cancer Society, and the Cambria Historical Society.

Sara loves her St. Paul's family and her community. She hopes everyone will visit The Painted Lily (artists' co-op gallery) on Main Street where she recently debuted many of her lovely and colorful handmade creations.

Thank you, Sara for all you do! You are truly a colorful gift from above and a joy to all at St. Paul's!

- Vestry and Staff -

Julian Crocker, Sr. Warden (2011) <i>jcrocker@slocoe.org</i>	924-1776
Dick De Lauer, Jr. Warden (2013) <i>highlight67@charter.net</i>	924-0804
Frank Michel, Treasurer (2013) <i>rubymfj@charter.net</i>	927-7608
Lou Ann Carter (2012) <i>louanncambria@gmail.com</i>	927-5583
Betty Malone (2011) <i>bettymalone@charter.net</i>	927-2965
Carol Schutz (2012) <i>fracar296@aol.com</i>	995-0830
Marj Sewell (2012) <i>mrsewell@charter.net</i>	927-8471
Anne Harris Smith (2011) <i>dollytango@charter.net</i>	927-4644
Jim Wilson (2013) <i>jmertw@sbcglobal.net</i>	927-5842
Phyllis Golowka, Co-Treasurer <i>jpgolowka@gmail.com</i>	927-0594
Louise Windisch, Co-Treasurer	927-6842

The Rev. Fred Heard <i>rectorfred@gmail.com</i>	Office: 927-3239
The Rev. Dn. Gay Blundell <i>billblundell@thegrid.net</i>	Home: 203-5075 927-3999
Michelle Costa <i>Parish Administrator</i> <i>stpauls@stpaulscambria.org</i>	927-3239
Kate Hepworth <i>Music Director</i> <i>hepworthkate@yahoo.com</i>	314-0886

SLIM DIRECTORY ADDITION:

Paul & Mary Genis
2014 Balmar Drive
Los Angeles, CA 90039
323.447.9523
Email: mgenis@aol.com



Parish Office Holiday Closure

The Parish Office will be closed
December 27-31, 2010.



Community-Wide Advent Celebration

Directed by Jim Bergren

**Wednesday, December 1
7:00 PM**

**Community Presbyterian
Church of Cambria**

**42 singers
Liturgical dancers
Guitars, harps, piano & more**

*The Ecumenical Advent Program is supported
by St. Paul's & other local churches*



Stewardship

What it Means to Me

By Julian Crocker

Stewardship has three meanings for me. First, it is caretaking for someone else. As Christian stewards we are taking care of God's gifts to us and I believe that God expects us to use these gifts wisely for His kingdom. This includes using our time, talent and treasure for the work of St. Paul's. Second, good stewards are trustworthy. God trusts us to use our judgment for how to use our gifts. Thirdly, stewards are people. The point here is that we are the Stewards at St. Paul's. There is no "they" or "them"; it is us. Think of us as the "good soil" in the parable of the sower..... "Other seeds fell on good soil and brought forth grain, some a hundred-fold, some sixty, some thirty. Let anyone with ears listen".



Editor's Note: St. Paul's budget operates on a pledge system: each fall, members make a financial pledge for the following year, which allows St. Paul's to plan for future ministry. Your pledge keeps our ministries going. The annual Stewardship campaign runs through December 5th.

WORSHIP

Sunday Worship: Upcoming Holy Eucharist services are as follows: 12/5, 12/26, & 1/2 at 9:30 am; 12/12 & 12/19 at 8 am & 10:30 am; 12/24 at 7 pm.

Choir: The Choir meets Thursdays at 1:00 pm. Please contact the Music Director, Kate Hepworth, if interested in joining: 314-0886

Communion at Bayside Care Center (MB): Offered every Sunday at 2:30 pm.

MINISTRY

Altar Guild meets the 4th Thursday at 9:30 am in the library.

C.A.N. Food volunteers meet at 6:00 am on the first Thursday of the month. Bring food to the services or the church office; or place checks for food purchase in the offering plate (memo: CAN Food). **Please bring donations on or before the last Sunday of the month. Thank you!**

Caregivers Support Group meets at 9:30 am on the 1st & 3rd Thursdays of each month. For info call Gay Blundell, 927-3999.

Grief Support Group meets the 1st Tuesday of the month at 10:00 am in the Church Library.

Cambria CARES Board meets the 1st Tuesday of the month at 3:15 pm (Library).

FELLOWSHIP

Men's Group meets for breakfast at the Red wood Café on the 2nd & 4th Thursdays at 8:00 am. Call Arnold Hagiwara at 995-1032.

Needle and Loom Group meets at 1:00 pm on Fridays except on **Lunch Bunch** Fridays. For

information, call Phyllis Golowka 927-0594.

ECW meets the 2nd Tuesday of the month at noon for a pot-luck/program. Next meeting: December 14th. Info: Sara Blair -927-3132.

The Lunch Bunch meets at 11:30 am the 4th Friday of the month. Info: Jeanne Gerhardt at 927-7061. No meeting in December.

Grounds Patrol meets the 4th Tuesday of each month from 9am-11am. Bring gardening gloves and pruning shears if possible.



ECW December Potluck & Sing-along

**Tuesday, December 14th
12 noon • Library**

Please Bring

A friend!

A food donation for CAN!

A potluck item!

And lots of holiday cheer!

See you soon!

NEWS AND NOTES

Food Donations Needed

There is an urgent need for the canned goods and other staples that are typically distributed through Cambria's food program for the needy. Last month, St. Paul's fell several bins short of our monthly goal. With the holidays approaching, it would also be nice if some types of sweets could also be available to the families. So please give when you can.



Your generosity is appreciated!



Congratulations And Heartfelt Thanks To...

St. Paul's CAN Food Bank Volunteers Who Have Been Selected As December's Busy Bees

This dedicated group consists of Jim Wilson, Ted Inouye, Bill Blundell, Fred Fox, Sally and Steve Reilly, Helen Allinder and Bea Balint. For more on this amazing group of volunteers, see this month's *Deacon's View* on page 8.

Congratulations to you all and many thanks for all you do to support this important community program.

Cookie Outreach 2010

Holiday cheer is again a sweet treat!

Bakers, cookie tin assemblers and cheery delivery elves are again needed for the 2010 Episcopal Church Women's Cookie Outreach. This year's event occurs on Saturday, December 11th. Please bring small, soft homemade cookies to the Parish Hall at 9:30 am. For those wishing to help with deliveries, please be at the Parish Hall by 10:30 am. So please save the date and plan to help ECW with this very special outreach project. *See you on the 11th!*



You're Invited To...

"Embracing An Adult Faith"

*A 5-Part Class Facilitated by
Father Fred*

Sunday Mornings • 9:15 am
November 28*
December 12
January 9, 16

To register, call 927-3239.

* Class meets immediately after Coffee Hour on this date.

In Our Prayers

Members of St. Paul's: Frank DiMicco, Shanna Knorr, Dick De Lauer, Dee Jackson, Ted Inouye, Phyllis Golowka, Bill Baker, Arnold Hagiwara, Lou Fedor, Bob & Stevely Anderson, Carol Ford, Don Lagrand, Mary Warren, Nancy Easton, Esther Laver, Anne Hubbard, Ann Cichowski, Helen Allinder, Eve Popich, & Jeanne Savage .

Family and Friends: Sally Scully, Cynthia Reece, Cal Anderson, Chris & Katherine Carter & expected twins; Dr. McBride, the Durrettts, Shirley Christian, Lea Ann Kenecht, Jennifer Davy, the Blundell family, the Costa family, Lydia Roedel, Kara Peterson, Becca & Allyson Dallmann, Ramsay & Hall Botkin, Caryn & family, Norman & Betty Miller, Marge Reilly, Sarah S. Morrow, Paula Kelly, Bruce Lattin, Lisa & Mark Reardon, Dan McDonald, Page Risque, Gena Wright, Lori Hill, Dr. Rob Gong and Bonnie Blundell Fearer.

Prayer Chain Coordinator: Helen Allinder, 927-1935

Church Bulletin: Michelle Costa: 927-3239

December Coordinator-St. Paul's Helpers: Miyo Inouye



December Birthdays

- 2 John Hubbard
- 3 Nancy Easton
- 9 Bob Anderson
- 10 Lillian Roach
- 12 Adair Heard
- 20 Donna Ross
- 22 Doug Spelts
- 23 Julian Crocker

*Happy Birthday to All of You
from your St. Paul's Family!*

Worship Calendar: A Look Ahead

Sunday, December 5 (Stewardship Brunch)
2nd Sunday of Advent
9:30 am Service w/ HE
The Rev. Fred Heard/The Rev. Dn. Gay Blundell

Sunday, December 12
3rd Sunday of Advent
8:00 am & 10:30 am Services w/ HE
The Rev. Fred Heard

Sunday, December 19
4th Sunday of Advent
8:00 am & 10:30 am Services w/ HE
The Rev. Don Dallmann

Christmas Eve: Friday, December 24
6:30 pm Carol Sing
7:00 pm Service w/ HE
The Rev. Fred Heard

Sunday, December 26
1st Sunday after Christmas
9:30 am Morning Prayer Service
Jim Wilson, Prayer Leader

Sunday, January 2 (2011)
2nd Sunday after Christmas
9:30 am Consecrated Eucharist
The Rev. Dn. Gay Blundell

Thursday, January 6th
Epiphany
12 Noon Service w/ HE
The Rev. Fred Heard

Sunday, January 9th (Birthday Sunday)
1st Sunday after Epiphany
9:30 am Service w/ HE
The Rev. Fred Heard



NEWS AND NOTES

The Deacon's View

Once a month, while it is still dark outside, a small band of unsung saints quietly slip out of their beds, dress hurriedly and head out, even though it is only 5:30 am. At this hour it is not only dark, it is also cold.

They pull into St. Paul's and pack up the food that has been collected over the past month, and then hurry to Santa Rosa Catholic Church, where already the line has formed. These people also have risen early. They are the hungry who live and work in our community.

Then the real work of the morning begins, as our saints rush to set up tables and unpack and sort out the cans and boxes that have been brought to church each Sunday. If you could see what happens next, it would look like someone was running a filmstrip at high speed. Each saint grabs a grocery sack and races down the line of tables...grabbing a can of tuna, some soup, some vegetables, a can of fruit. Then on to the pastas, sauces, cereals, and the extra goodies that may have come in: cookies, shampoo, soap, and maybe a bag of chips or box of cake mix. When the sack is full, it is raced over to the tables set up for the people to pick up their groceries.

Can you imagine for a moment what it would be like to plan your meals not from a grocery list you had put together, but from a bag of eclectic groceries? Yet this is exactly what many people in our community do.

The number of bags given to us to fill is determined by the number of people waiting in line. On the most recent "first Thursday", St. Paul's was able to fill 60 bags of groceries. But there are too many months when St. Paul's has not had enough food to meet the demand, so the bags could not be filled full, and instead had to be skimpy.

Finally, the race is over, but there is clean up to do, and tables to be taken down. But the team is not through. With smiles and laughter, it is now time to relax together at the Redwood Café for breakfast and fellowship.

Needless to say, these are not the only saints involved in this food outreach. There are a number of people who regularly bring **sacks and boxes** of food. Unfortunately, there are still too many of us who arrive empty handed each Sunday. In this season of gathering in pledges, let us not forget that each of us is also called to contribute food for those who hunger in our own town.

The Rev. Gay Blundell, Deacon

NEWS AND NOTES

Green Commission



This month: Some strategies to keep your holidays more resource friendly.



Christmas Trees

Many people opt for living Christmas trees during the holidays. If however, you purchase a cut tree, make sure you recycle it, and that you do so in a timely manner after the holiday to prevent it from becoming a fire hazard.

Remember, trees must have all tinsel, decorations and the tree stand removed, in order to meet green waste recycling requirements. Flocked trees cannot be recycled. Holiday wrapping paper and bows or curling ribbon are NOT recyclable.

To recycle your cut Christmas tree after December 25th:

Cut trees into 4 foot or smaller lengths. No tinsel, stands or tree parts greater than 6 inches in diameter can be accepted. Flocked trees are also prohibited. Place tree parts in your green waste cart **no later than 6:00 a.m.** on your regular collection day.

This information applies to the 3 North Coast communities and Templeton. For more information contact your disposal company:

Cambria/San Simeon (Mission Country)	927-4995
Cayucos (Mission Country)	995-0817
Templeton (Mid-State)	434-9112
Templeton (Paso Robles WD)	238-2381

Alternatives to Wrapping Paper

As mentioned earlier, holiday wrapping paper and traditional bows and curling ribbon are not recyclable. Consider wrapping gifts in these reusable or recycled alternatives this year:

- Thin cotton dish towels or napkins and reusable fabric ribbon
- Fabric wine bags or laundry sacks
- Brown lunch sacks decorated with spare buttons or other fun items
- A pretty pillow case and spare yarn
- A cookie tin (Great for lots of small items!)
- A reusable market sack (Many are available in beautiful paisley, polka dot or plaid prints, and even in the shapes of fruits/ vegetables!)
- Swatches of cloth from a favorite fabric store.

Enjoy your holidays!

Christmas Program Offering

(Offerings may be submitted to the office through 12/19.)

This offering is given toward Christmas Eve's
___ Music (or) ___ Flowers

In Memory of _____

(or)



With Thanksgiving for _____

By _____



DECEMBER 2010



Sun	Mon	Tue	Wed	Thu	Fri	Sat
SAVE THE DATES: Dec 1 Advent Program Dec 5 Stewardship Brunch Dec. 11 Cookie Outreach Jan. 19 Praying with Your Feet	Fr. Fred– Sermon prep & research		1 1p Knit-wits 7p Community Advent Program: CPCC Fr. Fred– Pastoral visits	2 6 a CAN distribution 9:30 a Caregivers / 10a CARES 1 p Choir Practice Fr. Fred–Office hours	3 1 p Needle & Loom Fr. Fred– Day off	4 2:30-4:30 AA Library
5 9:30 a Service w/ HE Birthday Sunday Stewardship Brunch NO Fair Trade Sale Today	6 Feast of St. Nicholas... <i>4th century Bishop of Myra and patron saint of children</i> Fr. Fred– Sermon prep & research	7 10 a Grief Support 10 a CARES 3:15 p CARES Board Fr. Fred–Office hours	8 9 a Vestry Meeting 1 p Knit-wits Fr. Fred– Pastoral visits	9 8 a Men's Group 1 p Choir Practice Fr. Fred– Office hours	10 1 p Needle & Loom Fr. Fred– Day off	11 2:30-4:30 AA: Library
12 8 a & 10:30 a Services w/ HE 9:15 a <i>Embracing an Adult Faith Adult Ed Class</i>	13 9:30 a-12 p Sr. Health Screening EPISTLE DEADLINE (Firm) Fr. Fred– Sermon prep & research	14 10 a CARES 12 p ECW Potluck Fr. Fred–Office hours	15 1p Knit-wits Fr. Fred– Pastoral visits	16 9:30 a Altar Gld.-Sanctuary 9:30 a Caregivers Group 10 a CARES 1 p Choir Practice Fr. Fred– Office hours	17 1 p Needle & Loom Fr. Fred– Day off	18 2:30-4:30 AA : Library
19 8 a & 10:30 a Services w/ HE	20 Fr. Fred– Sermon prep & research	21 10 a CARES Fr. Fred– Office Hrs.	22 1p Knit-wits Fr. Fred– Pastoral visits	23 8 a Men's Group 10 a CARES 1p Choir Practice	24 Christmas Eve No Lunch Bunch in December SENIOR NUTRITION CLOSED 6:30 p Carol Sing 7 p HE Service 	25 Christmas Day  2:30-4:30 AA: Library
26 9:30 a Morning Prayer Service <hr/> 2 9:30 a Reserved Sacrament	27	28 Office Closed 9 a Grounds Patrol 10 a CARES	29 Office Closed 1p Knit-wits	30 Office Closed 10 a CARES 1 p Choir Practice	31 New Year's Eve SENIOR NUTRITION CLOSED	SENIOR NUTRITION MONDAY-FRIDAY 11:45 am Call 927-1268 for holiday schedule or reservations.