



the church.

Please pray for me as I attend the CREDO Conference in Richmond, Virginia September 8-19.

Fred+

## Outreach Action

In August the Outreach Fund Committee sent out \$900 to organizations outside our local area to complete the distribution of the Fund income for 2010:

\*\$300 to Habitat for Humanity Southwest Alabama for their efforts to rebuild after devastating hurricanes from Rita through this year. This gift is designated for the relocation of the RESTORE where building materials are collected and distributed.

\*\$300 to Mariya uMama weThemba Monastery designated for the Holy Cross School, a culturally sensitive school teaching South African children.

\*\$300 to Seeds of Hope International Partnerships, for the multi-faceted work of the Ndola Resource Center in Zambia, founded and administered by Joan Glassey's son-in-law and daughter. In addition to their ministry of the Gospel, their work includes teaching skills in well drilling, pump maintenance, safe water filtration, gardening techniques to increase productivity, and job skills.

In our upcoming meeting, we will make plans for the distribution of the gift to the Fund from the George Butterfield bequest, and discuss the recipient for the Karina Carter Memorial gifts to the Fund. Meanwhile, we need to make more kits for the many homeless in our area, so I need to ask the congregation to help with contributions of disposable razors and deodorant particularly, though soap, shampoo, and tooth care products are still welcome. Exciting ideas for distribution of Fund Income for 2011. Thanks to the St. Paul's congregation for taking ACTION for OUTREACH.

-Amanda Stimson



Plants made a debut at this year's Rummage Sale, thanks to our newest (and anonymous) Gardening Angel. For more on the Rummage Sale, see Page 8.

## Refurbishing Update

After three months of discussion and research, we have completed many of the steps of the refurbishment project. The dry rot was the first to go, then the new counter tops installed and all new flooring placed in the Parish Hall. The exterior of both buildings are nearly complete. The painting in the Parish Hall was done on August 26. Next will be the interior of the church building. Hopefully, that will be complete after Labor Day.

-Barbara Hagiwara

## October Pocket Calendar

Date	Time	Activity
1	11:30a-6:30p	Oktoberfest!
2	9:30a	HE Service followed by Blessing of the Animals
4	10a	Grief Support
	3:15p	CARES Bd. Meeting
6	6a	CAN food volunteers
	10a	Caregivers Support
9	8a/10:30a	HE Services
10	9:30a	Sr. Health Screening
11	12p	ECW Meeting
12	9a	Vestry Meeting
13	8a	Men's Breakfast
16	8a/10:30a	HE Services
18	10a	Grief Support
20	10a	Caregivers Support
23	9:30a	HE Service followed by Pie Social
25	9a	Grounds Patrol
27	8a	Men's Breakfast
	9:30a	Altar Guild
28	11:30a	Lunch Bunch
30	9:30a	HE Service/All Saints

SP's Helpers Coordinator: Miyo Inouye, 927-0129

### WEEKLY:

Tuesday PM-Thursday AM: Fr. Fred's Hours  
 Mon-Fri, 12 p: Sr. Nutrition; Tues/Thu. 10 a CARES  
 Fridays (Except 4th), 1p: Needle & Loom  
 Saturdays 10 a: Al Anon; 2:30 p AA

## October Birthdays



3 Louise Windisch	15 Karen Pearson
9 Barbara Dallmann	16 Erick Sturcke
10 Robb Ross	19 Courtney Warner
12 Gary Murphy	22 Betty Pierce
13 Jim Huchthausen	24 Georgia Spelts
	31 Dan Field

## - Vestry and Staff -

<b>Betty Malone, Sr. Warden (2014)</b> <i>bettymalone@charter.net</i>	927-2965
<b>Dick De Lauer, Jr. Warden (2013)</b> <i>highflight67@charter.net</i>	924-0804
<b>Frank Michel, Treasurer (2013)</b> <i>rubymfj@charter.net</i>	927-7608
<b>Lou Ann Carter (2012)</b> <i>louanncambria@gmail.com</i>	927-5583
<b>Jim Huchthausen (2014)</b> <i>jphuck@charter.net</i>	924-1946
<b>Van Jahnes-Smith (2014)</b> <i>jsva1114@charter.net</i>	924-1443
<b>Carol Schutz (2012)</b> <i>fracar296@aol.com</i>	995-0830
<b>Marj Sewell (2012)</b> <i>mrsewell@charter.net</i>	927-8471
<b>Jim Wilson (2013)</b> <i>jmertw@sbcglobal.net</i>	927-5842
<b>Phyllis Golowka, Co-Treasurer</b> <i>jpgolowka@gmail.com</i>	927-0594
<b>Louise Windisch, Co-Treasurer</b>	927-6842
<b>Lou Ann Carter, Co-Treasurer</b>	927-5583

<b>The Rev. Fred Heard</b> <i>rectorfred@gmail.com</i>	<b>Office: 927-3239</b>
<b>Michelle Costa</b> <i>Parish Administrator</i> <i>stpauls@stpaulscambria.org</i>	<b>Home: 203-5075</b> <b>927-3239</b>
<b>Kate Hepworth</b> <i>Music Director</i>	<b>314-0886</b>

## Treasurer's Data: July 2011

	YTD \$ Received	YTD \$ Budgeted	YTD \$ Difference
<b>Pledge</b>	65,957	68,831	- 2,874
<b>Total Income</b>	73,452	75,465	- 2,013
	YTD \$ Expended	YTD \$ Budgeted	YTD \$ Difference
<b>Total Expenses</b>	76,347	79,451	-3,104

# NEWS AND NOTES

## The Deacon's Views and News

*The Rev. Dn. Gay Blundell*

### Thanksgiving



Over the past few weeks I have experienced a sense of enormous gratitude for the gift/opportunity to be an ordained Deacon in the Church, first at St. Luke's for six years and now here at St. Paul's for the past seven years.

I give great thanks to God and to the Holy Spirit who kept nudging me, and to Barbara Hoyt who was the first church leader that I confided in about my sense of call. (At that time we had no rector, and Barbara was the Sr. Warden who essentially ran things.) I thank Skip Blair and Lucy Trumble for telling me "you ought to be ordained!" long before I had ever thought about it. Thank you to my discernment committee, especially to Fr. Don Lewis who helped me to see why I was being called. I am very grateful for the amazing experience of going to the School for Deacons, for living in San Francisco and doing my Clinical Pastoral Experience at Laguna Honda Hospital, where I worked in the AIDS and Hospice wards. My deep appreciation and thanks to the Rev. Dr. Kenneth Schmidt, who led me to know how to "think deeply". My thanks and love to Fr. Matthew Conrad and Pastor Don Dallmann for their collegial openness, welcome and ongoing friendship, and to the Rev. Anne Howard, my wise spiritual director of many, many years. Thank you to all of St. Paul's Church Administrators: Barbara Miller, Diane

Coffin and Michelle Costa. Each one of them blessed me, supported me and made my journey easier and a whole lot of fun to boot.

To all of you here at St. Paul's, you will never fully know how much your encouragements, expressed appreciations, daily prayers, and friendship have made my time here something that is very hard for me to let go of. I am so grateful to Fr. Fred for being so sensitive to my growing fatigue, and so pastoral with his prayers, and finally so understanding and supportive of my need to retire.

Finally, my thanks to Bill, the love of my life, who has never stopped encouraging me, learned to cook better than I can, and who is now so excited that we will have more time to do things together.

I hope that each of you feels my gratitude, because each and every one of you has been part of this amazing journey. As I write this, I look forward to the tea following my last Sunday. I know it will be beautiful. St. Paul's doesn't know how to do anything less.

Love and blessings,  
*Gay Blundell, Deacon*

**BABY FACE MYSTERY SOLVED!**  
That precious 2nd grader is our own Joni Michel!  
*If you think your childhood photo can stump our readers, feel free to submit it to Michelle. You may just see your baby face in an upcoming Epistle!*

# PARISH LIFE

## WORSHIP

**Sunday Worship:** September services are as follows: 9/4 at 9:30 am; 9/11, 9/18 & 9/25 at 8:00 am & 10:30 am.

**Choir:** The Choir meets Thursdays at 1:00 pm. Please contact Kate Hepworth if interested in joining: 314-0886.

**Communion at Bayside Care Center (MB):** Offered every Sunday at 2:30 pm.

**The Lunch Bunch** meets at 11:30 am the 4th Friday of the month. Info: Jeanne Gerhardt at 927-7061.

**Grounds Patrol** meets the 4th Tuesday of each month from 9am-11am. Bring gardening gloves and pruning shears if possible.

## MINISTRY

**Altar Guild** meets the 4th Thursday at 9:30 am.

**C.A.N. Food volunteers meet** at 6:00 am on the first Thursday of the month. Bring food on Sunday or place checks for food in the offering plate (memo: CAN Food). **Please bring donations by the last Sunday of the month.**

**Grief Support Group** meets the 1st & 3rd Tuesday of the month at 10:00 am in the Church Library. Info: 927-5807

**Caregivers Support Group** meets at 10:00 am on the 1st & 3rd Thursdays of each month. Info: Gay Blundell, 927-3999.

**Prayer Chain** is in need of more members. Call Helen Allinder: 927-1935.

## FELLOWSHIP

**Men's Group** meets for breakfast at the Redwood Café on the 2nd & 4th Thursdays at 8:00 am. More info: 927-3239.

**Needle and Loom Group** meets at 1:00 pm on Fridays except on **Lunch Bunch** Fridays. For information, call Phyllis Golowka 927-0594.

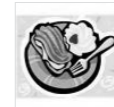
**ECW** meets the 2nd Tuesday of the month at noon.



## ECW Monthly Meeting and Potluck

**September 13th**  
**October 11th**

*For more info call Georgia Spelts, 924-1943*



## Men's Group Breakfasts

**Thursday, September 8th**  
**Thursday, September 22nd**  
**Thursday, October 13th**  
**Thursday, October 27th**

# NEWS AND NOTES

## News From Friends Near and Far

### *Robin Heard Buckingham Selected For Athletics Hall of Fame*

Robin Heard Buckingham, daughter of Father Fred and Adair Heard, will be inducted into Willamette University's Athletics Hall of Fame in November. The Hall of Fame Class of 2011 includes five athletes, two coaches, one team and one individual selected for meritorious service.

Robin, who played on Willamette's women's soccer team from 1995 to 1998, holds the program's goalkeeping record for lowest goals against average in a season and lowest goals against average in a career. She also holds the record for shutouts in a season (15) and shutouts in a career (52).

During her college soccer career, Robin went to the NCAA Division III Final Four and played on tournament teams at the regional and national levels. She was named Second Team All-America as goalkeeper in 1996 and was chosen Third Team All-America in 1999. She was also chosen as the NAIA National Player of the Week during her freshman season.

Since her days at Willamette she has shared her expertise while serving in various coaching positions at levels ranging from middle school to college.

*Congratulations to Robin and the Heard family!*



## A Note From the Music Director



First I'd like to say how glad I am to have the choir back in session after the long but restful summer break. It can be a little lonely at the back without my choral companions! I am also happy to announce the addition of Judy Olson as our new Choir Conductor who so kindly offered to assist this sometimes overstretched Choir Director (a lofty title as I have often felt it is *they* who direct *me!*). Our thoughts go out to Arnold Hagiwara and Barbara Dallmann in their convalescence as we pray for speedy recoveries that return them within our vocal midst soon. Our intention leading up to the Christmas period is to comprise a mostly congregation-driven hymn selection. Thank you all for taking the time to submit your requests; we ask that you continue to do so until all the request cards are used up after which time we will include the requests in upcoming services along with the addition of a few new hymns for you all to learn. We have come across a few real gems lately and feel that they must be added into St Paul's repertoire, so occasionally before the service we may have an introduction of a new hymn in order to familiarize you with it.

Some other things to mention in the evolution of music at St Paul's are 1) the recent inclusion of chanted Psalms which, thanks to our wonderful Cantors, are easing into familiarity. The Psalm notes will soon be printed in the bulletin for you to follow more closely; 2) the addition of some new choir members and 'Lessons and Carols' for Christmas week. We hope that our music will uplift you all and add to your worship.

It is a privilege to be entering my 2nd year as your Music Director.  
- Kate Hepworth

## In Our Prayers

**Members of St. Paul's:** Don & Huntley Lewis, Anne Harris Smith, Geri Swift, Gay Blundell, Phyllis Golowka, Jeanne Gerhardt, Ted Inouye, Jim Wilson, Fred Fox, Shanna Knorr, Dee Jackson, Dick DeLauer, Lou Fedor, Arnold Hagiwara, Stevely Anderson, Carol Ford, Mary Warren, Nancy Easton, Eve Popich, Ann Cichowski, Don Lagrand & Anne Hubbard.

**Family and Friends:** Lowen Baird, Mary Ann Carson, Kacy DeMicco, Jane Allen, Michael Jennings, the Bennetts, the Anderson Family, Shirley Christian, Gena Wright, Sarah S. Morrow, Marty Durrett, Ramsay, Hall & Donal Botkin, the Dallmann sisters, Kara Peterson, Jennifer Davy, the Reardons, Betty Miller, Amy Anderson, the Guires, Jessica Dietz and the Knowles.

**Those serving in the military:** Charlie Palmer, Justen Moratin, TC Dallmann, Adam Haupt, Michelle Fratto, and Monique & Jeremy Brown.

**Prayer Chain Coordinator:** Helen Allinder, 927-1935

**Church Bulletin:** Michelle Costa, 927-3239

**Sept. St. Paul's Helpers Contact:** Anne Harris Smith, 927-4644



## September Birthdays

- 7 Joan Wilson
- 9 Father Fred
- 15 Carolyn Ford  
Anne Harris Smith  
Joni Michel
- 18 Stevely Anderson
- 22 Bill Baker
- 23 Bill Blundell  
Joan Glassey
- 28 Sharkey Warrick

*Happy Birthday to All of You  
from your St. Paul's Family!*

*(October Birthdays on Page 11)*

## Worship Calendar: A Look Ahead

### Sunday, September 4th

Season of Ordinary Time  
9:30 am Service w/ HE  
The Rev. Fred Heard

### Sunday, September 11th

Season of Ordinary Time  
8:00 am & 10:30 am Morning Prayer  
Leaders: Fred Stimson & Stevely Anderson

### Sunday, September 18th

Season of Ordinary Time  
8:00 am & 10:30 am Services w/HE  
Rev. Don Dallmann

### Sunday, September 25th

Season of Ordinary Time  
8:00 am & 10:30 am Services w/HE  
The Rev. Fred Heard

### Sunday, October 2nd *Blessing of the Animals*

Season of Ordinary Time  
9:30 am Service w/ HE  
The Rev. Fred Heard

### Sunday, October 9th & 16th

Season of Ordinary Time  
8:00 am & 10:30 am HE Services  
The Rev. Fred Heard

### Sunday, October 23rd SPECIAL TIME!

Season of Ordinary Time  
9:30 am Service w/ HE followed by Pie Social  
The Rev. Fred Heard

### Sunday, October 30th SPECIAL TIME!

All Saints' Sunday (Observed)  
9:30 am Services w/HE  
The Rev. Fred Heard



# NEWS AND NOTES

## *Needle and Loom Needs You!*

The St. Paul's Needle & Loom Group is currently making yarn covered clothes hangers to be sold at the 2012 Mitford Tea. Donations of acrylic or wool yarn are needed to help create the popular hangers. According to Phyllis Golowka, Group Coordinator, help is also needed with the making of small items such as brooches, from easy to follow instructions.

Needle & Loom meets at 1:00 pm on all Fridays except the 4th Friday of the month, at the home of Dee Jackson. For further information about the Group's efforts or to donate yarn, contact Phyllis Golowka: 927-0594.



Left: Shoppers brave a cool morning to get a jump on the bargains offered in the opening moments of the ECW Rummage Sale on August 13th.

## *Busy As Bees!*



St. Paul's Episcopal Women have been given the latest Busy Bee honor for their hard work organizing the annual rummage sale, which successfully raised over \$3,000.00 for a variety of programs.

From Monday August 8th, through Friday, August 12th, ECW members hauled, sorted, cleaned, tested and priced donations ranging from antique silver and fine jewelry, to rocking chairs, house wares and even live plants. Then, on "Sale Saturday", volunteers were up early to open the sale, working tirelessly throughout the day selling the assorted treasures, then tearing down after the event.

It was a long, but prosperous day for the ECW. Congratulations, Ladies (and Gents) on a job well done!

# NEWS AND NOTES

## **Bits and Pieces**

### **Diocesan Convention November 5, 2011**

We still have one delegate position vacant. Call the office ASAP if interested.

### **Heartfelt Thanks**

*My sincerest thanks to my church family for all of the support and love after the loss of my mother, Betty White, and my recent surgery.*

*With love, Betty Malone*

### **Who's the baby face in the baby doll dress?**

*If you have trouble identifying this St. Paul's parishioner and former Busy Bee, see Page 10.*



## *St. Paul's Annual Picnic*



**Sunday, Sept. 25th  
12 pm • Shamel Park  
\$10.00/person  
(non-refundable)**

**Food! Fellowship! Fun!  
Paid reservations to Bill Baker  
(927-4994) due by September 15th**

**Hamburgers, hot dogs, condiments, chili & tableware provided. Side dishes appreciated! If you would like to help organize the event or provide a tasty dish please let Bill know ASAP.**



**BYOB (non-alcoholic)  
Thanks!**



# SEPTEMBER 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>SENIOR NUTRITION</b> MONDAY-FRIDAY 11:45 am  <i>Call 927-1268 for reservations.</i>				<b>1</b> 6 a CAN distribution 10 a Caregivers /10 a CARES 1 p Choir practice Fr. Fred- Pastoral visits (AM)	<b>2</b> 1 p Needle & Loom  Fr. Fred- Day off	<b>3</b>  9:45-11:15 a Al-Anon  2:30-4:15 p AA: Library
<b>4</b> 9:30 a Service w/HE & Blessing of Choir <u>Also</u> Birthday Sunday Fair Trade Sale Today	<b>5 LABOR DAY</b> No Senior Nutrition today  Fr. Fred- Sermon prep & Research	<b>6</b> 10 a Grief Support 10 a CARES 3:15 p CARES Board Fr. Fred-Office hrs. (AM)	<b>7</b>  Fr. Fred Leaves	<b>8</b> 8 a Men's Group 10 a CARES 1 p Choir practice Fr. Fred- Out of town ADMIN OFFICES CLOSED	<b>9</b>  1 p Needle & Loom  Fr. Fred- Out of town	<b>10</b>  9:45 -11:15 a Al-Anon (P Hall)  2:30-4:15 p AA (P Hall)
<b>11 Remembering</b> <b>"9-11"</b>  8 a & 10:30 a Morning Prayer	<b>12</b> Fr. Fred- CREDO CONFERENCE 9:30 a-12 p Flu Shot Clinic (PH) OFFICES CLOSED TO PUBLIC FOR CARPET INSTALLATION	<b>13</b> 10 a CARES 12 p ECW Potluck OFFICES CLOSED TO PUBLIC Fr. Fred-CREDO CONFERENCE	<b>14</b> No Vestry Meeting this Month  Fr. Fred-CREDO CONFERENCE	<b>15</b> 10 a CARES/ 10 a Caregivers 1 p Choir practice  PICNIC RESERVATIONS DUE	<b>16</b> 1 p Needle & Loom  Fr. Fred-CREDO CONFERENCE	<b>17</b> 9a-12p Coastal Clean Up Day  9:45-11:15 a Al-Anon 2:30-4:15 p AA : Library
<b>18</b>  8 a & 10:30 a Services w/ HE	<b>19</b>  Fr. Fred- Sermon prep & Research	<b>20</b> 10 a Grief Support 10 a CARES  Fr. Fred- Call office for hours	<b>21</b>  Fr. Fred- Call office for hours	<b>22</b> 8 a Men's Group 9 a Altar Guild/10 a CARES 1 p Choir practice Fr. Fred- Call office for hours	<b>23</b>  11:30 a Lunch Bunch  Fr. Fred- Day off	<b>24</b>  9:45-11:15 a Al-Anon  2:30-4:15 p AA: Library
<b>25</b> 8 a & 10:30 a Services w/HE <u>ONE</u> Coffee Hr. btwn. Services  12 p CHURCH PICNIC !	<b>26</b>  Fr. Fred- Sermon prep & Research	<b>27</b> 9 a Grounds Patrol 10 a CARES  Fr. Fred- Call office for hours	<b>28</b>  Fr. Fred- Pastoral Visits	<b>29</b> 10 a CARES 1 p Choir practice  Fr. Fred- Office hours AM	<b>30</b> 1 p Needle & Loom  Fr. Fred- Day off	<b>1</b> 9:45-11:15 a Al-Anon 11:30a-6:30p OKTOBERFEST! 2:30-4:15 p AA: Library