



DECEMBER 2017



Monday	Tuesday	Wednesday	Thursday	Friday
4 Chicken A La King Whole Wheat Pasta Brussel Sprouts 3 Bean Salad Sliced Peaches Milk	5 Garbanzo Beef Casserole (Rice) Homemade Cole Slaw Parslied Carrots Pears Milk	6 Pork Rib Patty Barley Pilaf Mixed Vegetables Romaine Salad Orange Milk	7 Meat And Cheese Lasagna (Pasta) Cooked Seasoned Spinach Italian Blend Vegetables Pineapple Chunks Milk	8 Cheese Enchilada With Chicken And White Sauce Pinto Beans Winter Mix Vegetables Strawberry Applesauce Milk
11 Breaded Haddock Brown Rice Broccoli Pickled Beets Apricot Halves Milk	12 Whole Spaghetti Meat And Marinara Sauce Green Beans Spinach Salad Mandarins And Pineapple Milk	13 Swedish Meatballs Pasta CA Blend Vegetables Pea Salad Banana Milk	14 Chicken Leg With BBQ Sauce Sliced Wheat Bread Zucchini Homemade Carrot Salad Orange Milk	15 Beef Taco Salad With Romaine Tostada Shell Cilantro Cole Slaw Corn Salad Fruit Cocktail Milk
18 Penne With Turkey And Broccoli (Pasta) Cauliflower Succotash Sliced Peaches Milk	19 Cheese Ravioli With Meat And Marinara Sauce Summer Squash Cooked Seasoned Spinach Pineapple Tidbits Milk	20 Cheese Enchilada With Chicken In Red Sauce Mixed Vegetables Homemade Cole Slaw Applesauce, Birthday Muffin Milk	21 Chicken Patty With Gravy Oatmeal Cookie Cubed Potato And Carrot Winter Mix Vegetables Sliced Pears Milk	22 Baked Ham With Glaze Dinner Roll Sweet Potatoes And Apples Brussel Sprouts With Bacon Apple Pie, Tangerine Milk
25 <i>Closed For Christmas Holiday If You Need A Meal Speak To Your Site Manager</i>	26 Cheese Omelet Muffin Roasted Potato Cubes Stewed Tomatoes Orange Milk	27 Sweet And Sour Meatballs Brown Rice Broccoli 3 Bean Salad Apricot Halves Milk	28 Tuna Noodle Casserole (Pasta) Green Beans Homemade Cole Slaw Apple Crisp Milk	29 Black Eyed Pea Salad, HB Egg Crackers Pickled Beets Homemade Carrot Salad Mandarin & Pineapple Milk

Please make your meal reservations or cancellations two working days ahead.

NOTE: U.S. Dietary Guidelines recommend that we consume fewer than 2300 mg of sodium a day. Meals on this menu marked with contain over 1000 mg of sodium. We are still researching the sodium content of our recipes and attempting to reduce the sodium content of the meals. Try to balance your sodium intake throughout the rest of the day.