

The Church of St. Paul, Cambria

Morning Prayer and Holy Eucharist

• First Sunday in Lent • Year B • February 18, 2024 •

Opening Hymn 751 WLP

Blessed be God, Father, Son, and Holy Spirit.
And blessed be his kingdom, now and forever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gracious God, ever true to your covenant, whose loving hand sheltered Noah and the chosen few while the waters of the great flood cleansed and renewed a fallen world, may we, sanctified through the saving waters of baptism and clothed in the shining garments of immortality, be touched again by our call to conversion and give our lives anew to the challenge of your reign. Therefore, let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

Lord, open our lips
And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be for ever. Amen.

If we say we have no sin, we deceived ourselves, and the truth is not in us, but if confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. (*1 John 1:8,9*)

Deus, Deus meus Psalm 63:1-8

O God, you are my God; eagerly I seek you; * my soul thirsts for you, my flesh faints for you, as in a barren and dry land where there is no water.

Therefore I have gazed upon you in your holy place, * that I might behold your power and your glory.

For your loving-kindness is better than life itself; * my lips shall give you praise.

So will I bless you as long as I live * and lift up my hands in your Name.

My soul is content, as with marrow and fatness, * and my mouth praises you with joyful lips, When I remember you upon my bed, * and meditate on you in the night watches.

For you have been my helper, * and under the shadow of your wings I will rejoice.

My soul clings to you; * your right hand holds me fast.

Psalm 25:1-9

1 To you, O LORD, I lift up my soul; my God, I put my trust in you; *

let me not be humiliated, nor let my enemies triumph over me.

2 Let none who look to you be put to shame; * let the treacherous be disappointed in their schemes.

3 Show me your ways, O LORD, * and teach me your paths.

4 Lead me in your truth and teach me, * for you are the God of my salvation; in you have I trusted all the day long.

5 Remember, O LORD, your compassion and love, * for they are from everlasting.

6 Remember not the sins of my youth and my transgressions; *

remember me according to your love and for the sake of your goodness, O LORD.

7 Gracious and upright is the LORD; * therefore he teaches sinners in his way.

8 He guides the humble in doing right * and teaches his way to the lowly.

9 All the paths of the LORD are love and faithfulness *

to those who keep his covenant and his testimonies.

The Celebrant says to the people

The Lord be with you.

And also with you.

Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations: and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

First Lesson Book of Genesis (9:8-17)

Then God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

This is the word of the Lord.

Thanks be to God.

Canticle 12: The Song of Creation

Glorify the Lord, all you works of the Lord, * praise him and highly exalt him for ever.

Glorify the Lord, you angels and all powers of the Lord, * O heavens and all waters above the heavens.

Sun and moon and stars of the sky, glorify the Lord, * praise him and highly exalt him for ever.

Glorify the Lord, every shower of rain and fall or dew, * all winds, and fire and heat.

Winter and summer, glorify the Lord, * praise him and highly exalt him for ever.

Glorify the Lord, O chill and cold, * drops of dew and flakes of snow.

Frost and cloud, ice and sleet, glorify the Lord, * praise him and highly exalt him for ever.

Glorify the Lord, O nights and days, * O shining light and enfolding dark.

Storm clouds and thunderbolts, glorify the Lord, * praise him and highly exalt him for ever.

Let us glorify the Lord: Father, Son, and Holy Spirit, * praise him and highly exalt him for ever.
In the firmament of his power, glorify the Lord, * praise him and highly exalt him for ever.
Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. Amen

The **second lesson** is from the First Book of Peter (3:18-22)

For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you — not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

This is the Word of the Lord.

Thanks be to God.

Canticle 19: The Song of the Redeemed

O ruler of the universe, Lord God, great deeds are they that you have done, * surpassing human understanding.

Your ways are ways of righteousness and truth, * O King of all the ages.

Who can fail to do you homage, Lord, and sing the praises of your Name? * for you only are the Holy One.

All nations will draw near and fall down before you, * because your just and holy works have been revealed.

Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now and ever will be. Amen.

The Holy **Gospel** of our Lord according to St. Mark St. Mark (1:9-15)

Glory to you, Lord Christ.

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee,

proclaiming the good news of God, and saying,
“The time is fulfilled, and the kingdom of God has
come near; repent, and believe in the good news.”

This is the Gospel of the Lord.

Praise to you, Lord Christ.

The Sermon

Choir- Barbara Dallman and Sharkey Warwick

Here follows An affirmation of faith,

**We believe in God the Father, infinite in wisdom,
power and love, whose mercy is over all his
works, and whose will is ever directed to his
children’s good.**

**We believe in Jesus Christ, Son of God and Son of
man, the gift of the Father’s unfailing grace, the
ground of our hope, and the promise of our
deliverance from sin and death.**

**We believe in the Holy Spirit as the divine
presence in our lives, whereby we are kept in
perpetual remembrance of the truth of Christ, and
find strength and help in time of need.**

**We believe that this faith should manifest itself in
the service of love as set forth in the example of
our blessed Lord, to the end that the kingdom of
God may come upon the earth.**

Amen.

The Prayers of the People

We are baptized to lift up, day by day, all the needy
world to God. Let us pray for all who are in need,
saying: Have mercy, O Lord.

*(As you are moved by the spirit, read one or more
of the following petitions.)*

For the church, that all who have found God’s
promise in the waters of baptism may enter gladly
into the testing time of Lent, (silence) we pray:
Have mercy, O Lord.

For the church, that all may walk these forty days
and know both Satan’s testing and God’s reign,
(silence) we pray: **Have mercy, O Lord.**

For our world, that all living creatures may find
goodness on the earth, our home, where life and
death may both be God’s blessing, (silence) we
pray: **Have mercy, O Lord.**

For deliverance, that in the wastelands made by
our greed and indifference we may fast from evil

and grow hungry for justice, (silence) we pray:
Have mercy, O Lord.

For ourselves in this congregation, that we may
strain forward toward Easter, caring for our sick
and needy, remembering our dead, acting out
through our every deed the good news: we
remember especially _____, *(others)*,
(silence) we pray: **Have mercy, O Lord.**

For all who live in uncertainty and danger,
especially those serving overseas in the military,
especially those enduring the tragedy of battle; and
those who guard our communities and the quality
of our lives, (silence) we pray: **Have mercy, O Lord.**

(Here other intercessions may be offered.)

God of wild beasts and of angels, of waters and
wilderness, remember us; remember all whom we
remember; remember the covenant you made with
every living creature, for that is our bond with you
now and forever. **Amen.**

Offertory

Walk in love, as Christ loved us and gave himself for
us, an offering and sacrifice to God. *Ephesians 5:2*

Offertory Hymn 676

Prayer over the gifts: Holy God, receive all we
offer you this day, and bring us to that radiant
glory which we see in the transfigured face of
Jesus Christ our Lord. **Amen.**

The Great Thanksgiving A

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

It is right, and a good and joyful thing, always and
everywhere to give thanks to you, Father Almighty,
Creator of heaven and earth.

Through Jesus Christ our Lord; who was tempted in
every way as we are, yet did not sin. By his grace
we are able to triumph over every evil, and to live
no longer for ourselves alone, but for him who died
for us and rose again.

Therefore, we praise you, joining our voices with
Angels and Archangels and with all the company of
heaven, who for ever sing this hymn to proclaim
the glory of your Name:

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

The people stand or kneel as they are able.

Holy and gracious Father: In your infinite love . . .
Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, . .

All this we ask through your Son Jesus Christ. By
him, and with him, and in him, in the unity of the
Holy Spirit all honor and glory is yours, Almighty
Father, now and for ever. **AMEN.**

Let us pray for the coming of the kingdom as Jesus
taught us:

**Our Father in heaven, hallowed be your Name,
your kingdom come, your will be done, on earth
as in heaven. Give us today our daily bread.**

**Forgive us our sins, as we forgive those who sin
against us. Save us from the time of trial, and
deliver us from evil. For the kingdom, the power,
and the glory are yours, now and forever. Amen.**

The Breaking of the Bread

We break this bread to share in the body of Christ.

**We, being many, are one body, for we all share in
the one bread.**

Behold the Righteous One, who was put to death in
the flesh but made alive in the spirit. Blessed are
those who are called to the banquet of the Lamb.

Communion of the People

After Communion, the Celebrant says

Faithful God, help us always to hear the prophet's
call to turn our hearts to you. Let us pray.

**Almighty and ever-living God, we thank you for
feeding us with the spiritual food of the most
precious Body and Blood of your Son our Savior
Jesus Christ; and for assuring us in these holy
mysteries that we are living members of the Body
of your Son, and heirs of your eternal kingdom.
And now, Father, send us out to do the work you
have given us to do, to love and serve you as
faithful witnesses of Christ our Lord. To him, to
you, and to the Holy Spirit, be honor and glory,
now and for ever. Amen.**

Knowing that all of our community cannot share
the Eucharist in person, we affirm that the true
mystical communion of Christ and His Church is a
bond of spirit and heart, grounded in faith.
Therefore, we commit ourselves to this deep bond
of the Spirit in union with Christ our Lord. Amen.

The Blessings

May God keep you in all your days.

May Christ shield you in all your ways. May the
Spirit bring you healing and peace. May God the
Holy Trinity drive all darkness from you and pour
upon you blessing and light. **Amen.**

The Peace

The peace of the Lord be always with you.

And also with you.

Announcements

Anniversary/Thanksgiving Prayer

We give you thanks, O God, for your many
blessings: for our days of celebration, for the love
that surrounds us, for your healing presence in our
lives. Keep us in your care, we pray, and help us to
live as truly thankful people. Amen.

Closing hymn 756 WLP

Dismissal

Saved by faith and created in Christ for good works,
go in peace to love and serve the Lord.

Thanks be to God.

We would like to thank
LORETTA BUTTERFIELD
who has offered to be the new Sunshine
Card Ministry volunteer.
(For all Get Well, Birthday, Loss and
other needs.)



Please consider giving...

EASTER LILIES

In Memory of or

In Thanksgiving for...

****Donation sheets are in the Parish
Hall.**

