



# Welcome to Morning Prayer and Holy Eucharist

The Episcopal Church of St. Paul, Cambria  
**Sixteenth Sunday after Pentecost, Proper 19 B**  
September 12, 2021

## Opening Hymn 707 *Take My Life and Let it Be*

Grace to you and peace from God our Father and the Lord Jesus Christ. (*Philippians 1:2*)

Lord God, the strength of your servants, do not abandon us in our weakness and suffering, but let your Holy Spirit come to our aid. By our good works may we show forth our faith that Jesus is indeed the Christ, so that we may take up the cross and follow the Lord, certain that we will save our lives only when we have the courage to lose them for the sake of Christ and for the sake of the gospel. Liberate us from our sins and free us through your forgiveness, as we confess our sins against God and our neighbor:

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Lord, open our lips  
**And our mouth shall proclaim your praise.**

**Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be for ever. Amen.**

The earth is the Lord's, for he made it: Come let us adore him.

Jubilate (Psalm 100)

1 Be joyful in the LORD, all you lands;\* serve the LORD with gladness and come before his presence with a song.

2 Know this: The LORD himself is God;\* he himself has made us, and we are his; we are his people and the sheep of his pasture.

3 Enter his gates with thanksgiving: go into his courts with praise;\* give thanks to him and call upon his Name.

4 For the LORD is good; his mercy is everlasting;\* and his faithfulness endures from age to age.

## The Psalm of the Day (116:1-8)

1 I love the Lord, because he has heard the voice of my supplication, \* because he has inclined his ear to me whenever I called upon him.

2 The cords of death entangled me; the grip of the grave took hold of me; \* I came to grief and sorrow.

3 Then I called upon the Name of the Lord: \* "O Lord, I pray you, save my life."

4 Gracious is the Lord and righteous; \* our God is full of compassion.

5 The Lord watches over the innocent; \* I was brought very low, and he helped me.

6 Turn again to your rest, O my soul, \* for the Lord has treated you well.

7 For you have rescued my life from death, \* my eyes from tears, and my feet from stumbling.

8 I will walk in the presence of the Lord \* in the land of the living.

## The Lessons

The First Lesson is from Isaiah (50:4-9a)

The Lord God has given me the tongue of a teacher, that I may know how to sustain the weary with a word.

Morning by morning he wakens-- wakens my ear to listen as those who are taught.

The Lord God has opened my ear, and I was not rebellious, I did not turn backward.

I gave my back to those who struck me, and my cheeks to those who pulled out the beard; I did not hide my face from insult and spitting.

The Lord God helps me; therefore I have not been disgraced; therefore I have set my face like flint, and I know that I shall not be put to shame; he who vindicates me is near.

Who will contend with me?

Let us stand up together.

Who are my adversaries?

Let them confront me.

It is the Lord God who helps me; who will declare me guilty?

Hear what the Spirit is saying to the Church.  
**Thanks be to God.**

**Canticle A** (*Wisdom 10:15-19,20b-21*)

Wisdom freed from a nation of oppressors \* a holy people and a blameless race.  
She entered the soul of a servant of the Lord, \* withstood dread rulers with wonders and signs.  
To the saints she gave the reward of their labors, \* and led them by a marvelous way;  
She was their shelter by day \* and a blaze of stars by night.  
She brought them across the Red Sea, \* she led them through mighty waters;  
But their enemies she swallowed in the waves \* and spewed them out from the depths of the abyss.  
And then, Lord, the righteous sang hymns to your Name, \* and praised with one voice your protecting hand;  
For Wisdom opened the mouths of the mute, \* and gave speech to the tongues of a new-born people.

The Second Lesson is from the Letter of James (3:1-12)

Not many of you should become teachers, my brothers and sisters, for you know that we who teach will be judged with greater strictness. For all of us make many mistakes. Anyone who makes no mistakes in speaking is perfect, able to keep the whole body in check with a bridle. If we put bits into the mouths of horses to make them obey us, we guide their whole bodies. Or look at ships: though they are so large that it takes strong winds to drive them, yet they are guided by a very small rudder wherever the will of the pilot directs. So also the tongue is a small member, yet it boasts of great exploits.

How great a forest is set ablaze by a small fire! And the tongue is a fire. The tongue is placed among our members as a world of iniquity; it stains the whole body, sets on fire the cycle of nature, and is itself set on fire by hell. For every species of beast and bird, of reptile and sea creature, can be tamed and has been tamed by the human species, but no one can tame the tongue-- a restless evil, full of deadly poison. With it we bless the Lord and Father, and with it we curse those who are made in the likeness of God. From the same mouth come blessing and cursing. My brothers and sisters, this ought not to be so. Does a spring pour forth from the same opening both fresh and brackish water? Can a fig tree, my brothers and sisters, yield olives, or a grapevine figs? No more can salt water yield fresh.

Hear what the Spirit is saying to the Church.  
**Thanks be to God.**

**Canticle L** (*Philippians 2:6-11*)

Though in the form of God, \* Christ Jesus did not cling to equality with God,  
But emptied himself, taking the form of a servant, \* and was born in human likeness.  
Being found in human form, he humbled himself \* and became obedient to death, even death on a cross.  
Therefore, God has highly exalted him \* and given him the name above every name,  
That at the name of Jesus, every knee shall bow, \* in heaven and on earth and under the earth,  
And every tongue confess that Jesus Christ is Lord, \* to the glory of God the Father.

**A reading from the Gospel according to St. Mark** (8:27-38)

Jesus went on with his disciples to the villages of Caesarea Philippi; and on the way he asked his disciples, "Who do people say that I am?" And they answered him, "John the Baptist; and others, Elijah; and still others, one of the prophets." He asked them, "But who do you say that I am?" Peter answered him, "You are the Messiah." And he sternly ordered them not to tell anyone about him.

Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, "Get behind me, Satan! For you are setting your mind not on divine things but on human things."

He called the crowd with his disciples, and said to them, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels."

Here ends the Gospel reading.

**Gospel Refrain 178:**

*Alleluia, Alleluia, give thanks to the risen Lord.  
Alleluia, Alleluia, give praise to his Name.*

*Here follows the Nicene Creed,*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

### The Prayers

The Lord be with you.

**And also with you.**

Let us pray.

#### *Collect of the Day*

O God, because without you we are not able to please you, mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

O God our King, by the resurrection of your Son Jesus Christ on the first day of the week, you conquered sin, put death to flight, and gave us the hope of everlasting life: Redeem all our days by this victory; forgive our sins, banish our fears, make us bold to praise you and to do your will; and steel us to wait for the consummation of your kingdom on the last great Day: through the same Jesus Christ our Lord. *Amen.*

The Sermon

Canon Mark Hall

*Sermon Music*

### The Prayers of the People

Jesus calls us to give up our lives for others. That we may have the faith to live as Jesus did, let us

pray for all in need, saying: *Send us your Spirit, O Lord.*

*(As the Spirit moves you, please take turns reading one or more of the petitions. Please observe a short silence at the indicated times.)*

O gracious God, you have given up your very self to save the world. That we may be empowered to give up ourselves for one another, (Silence) we pray. **Send us your Spirit, O Lord.**

You have made your people equal and free in the baptism of your Son. That we may live joyfully in this new way, (Silence) we pray. **Send us your Spirit, O Lord.**

You call us to take up our cross and follow the way of Christ. That we may serve one another and live in obedience to your word, (Silence) we pray. **Send us your Spirit, O Lord.**

You show to us all the poor and the needy, all the homeless and the hungry. That we may lighten their load by taking it upon ourselves, (Silence) we pray. **Send us your Spirit, O Lord.**

You give us enough that we may share with the needy. That we and all institutions of relief may be insistent in our care for others, (Silence) we pray. **Send us your Spirit, O Lord.**

You have asked young people to go to far places and risk their lives for the hope of freedom and the cause of freedom. That they will be kept safe and come home soon, (Silence) we pray. **Send us your Spirit, O Lord.**

You have revealed yourself to many peoples in many places and in many ways. That all people of faith may honor and follow your ways, especially our Jewish and Muslim brothers and sisters, (Silence) we pray. **Send us your Spirit, O Lord.**

You, O wonderful healer, please be with those who have special needs and are hurting from within our church family and greater community: The Sowiak Family, Wendy Sheridan, Dick Morse, Jennifer Davy... (others?) , we pray. **Send us your Spirit, O Lord.**

*(Here other intercessions may be offered.)*

You have surrounded us with saints of every time and place. That we may follow them as they followed Christ on the way to the cross, (Silence) we pray. **Send us your Spirit, O Lord.**

Hear our prayers, O merciful God, and accept our praises. May the gospel of your cross give its miraculous life to all the world, through Christ our Lord. **Amen.**

### Offertory

Walk in love as Christ loved us and offered himself for us.

**Offertory Hymn 812 (WLP) *I the Lord of...Sky***

*Prayer over the gifts:* Holy God, accept all we offer you this day. May we who are reconciled at this table bring wholeness to our broken world. We ask this in the name of Jesus Christ our Lord. **Amen.**

### The Great Thanksgiving

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give him thanks and praise.**

It is right, and a good and joyful thing...

...Who for ever sing this hymn to proclaim the glory of your Name:

**Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.**

**Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

*The People stand or kneel.*

Holy and gracious Father ....

Therefore we proclaim the mystery of faith:

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

We celebrate the memorial . . .

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

As teacher and healer, Jesus came to us from God. Now for the world's salvation and God's glory, we pray as Jesus taught us:

*People and Celebrant*

**Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.**

### The Breaking of the Bread

We break this bread to share in the body of Christ.

**We who are many are one body, for we all share in the one bread.**

Jesus, Lamb of God, **have mercy on us.**

Jesus, bearer of our sins, **have mercy on us.**

Jesus, redeemer of the world, **give us your peace.**

*Facing the people, the Celebrant says the following  
Invitation or other suitable words.*

The holy gifts of God for the holy people of God: Draw near with awe and faith, with praise and thanksgiving.

*Communion Music: Instrumental*

*After Communion, the Celebrant says*

God of peace, in this Eucharist we have been reconciled to you and to our neighbors. May we who have been nourished by holy things, always have the courage to forgive. Let us pray.

**Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.**

Knowing that all of our community cannot share the Eucharist in person, we affirm that the true mystical communion of Christ and His Church is a bond of spirit and heart, grounded in faith. Therefore, we commit ourselves to this deep bond of the Spirit in union with Christ our Lord. **Amen.**

May your faith be strengthened with proofs of Christ's love so that you will persevere in good works, and the blessing of God almighty, Father, Son and Holy Spirit, be with you and remain with you for ever. **Amen.**

### The Peace

*The Celebrant says to the People*

The peace of the Lord be always with you.

**And also with you.**

*Then all may greet one another in the name of the Lord.*

**Closing Hymn 473 Lift High the Cross**

*Announcements*

-Anniversary/Thanksgiving Prayer-

We give you thanks, O God, for your many blessings: for our days of celebration, for the love that surrounds us, for your healing presence in our lives. Keep us in your care, we pray, and help us to live as truly thankful people. Amen.

*Dismissal*

Sent in the name of Christ, whose compassion embraces all: go in peace to love and serve the Lord. **Thanks be to God.**

## **Bill Baker Service**

**Saturday, September 18 • 1 pm**

**PLEASE RSVP by TONIGHT:**

[stpauls@stpaulscambria.org](mailto:stpauls@stpaulscambria.org) or to 805.927.3239

**Reception help needed!**

Call Nancy 805.927.5373